



April 14, 2005

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Good Day Arizona: Hotline

Tuesday, May 28

05/28/2002

Embracing the Monster -- Veronica Crawford

Veronica Crawford's book is called "Embracing the Monster: Overcoming the Challenges of Hidden Disabilities" and is available at BarnesandNoble.com. Crawford works through the Life Development Institute in Phoenix. For more information, call (623) 773-2774 or e-mail transgoals@aol.com.

Image Matters! -- Lauren Solomon

Image consultant Lauren Solomon teaches people how to create a unique look that is suitable to the individual's personality. Solomon is hosting a seminar Thursday, May 30, 5 p.m.-6:30 p.m., at Sake Fifth Avenue, Biltmore Fashion Park, 2446 E. Camelback Road, Phoenix. For more information, call (602) 912-2403. You can also e-mail Solomon at ImageMatters@limage.com. Solomon's book is called "Image Matters!: First Steps on the Journey to Your Best Self."

Tri-Lite Builders

Wayne Minde from Tri-Lite Builders showed us a portable kitchen that can be used when you are remodeling. For more information, visit <http://web.archive.org/web/20030527033740/http://www.trilitebuilders.com/> or call (480) 895-3442.

Find of the Week -- Buffalo Kids

Buffalo Kids showed off a variety of toys. The shop is located on the northwestW corner of McClintock Drive and Warner Road, Tempe. For more information, call (480) 545-2868 or visit <http://web.archive.org/web/20030527033740/http://www.buffaloexchange.com/>.

Gel Nails -- Stephanie Mayer

Stephanie Mayer works out of Trims Salon, which is inside L.A. Fitness, 8221 N. 23rd Ave., Phoenix. For more information or to make an appointment, call (602) 688-0742.

Shar's Bosch Kitchen Center

Shar Lomax's recipe for [Barbecued Ribs](#) is available in azfamily.com's recipe database.

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- Archives

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Happy Memorial Day!
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Shar's Bosch Kitchen Center is located at 3434 W. Greenway Road, Phoenix. For more information, call (602) 863-1080 or visit <http://web.archive.org/web/20030527033740/http://www.sharskitchen.net/>.



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